

DIVE SAFETY RULES STATEMENT OF UNDERSTANDING

Name and Surname: _____ Place and date of birth: _____

Street _____ No: _____ City: _____

ZIP Code _____ Mobile: _____ E-mail _____

Type **diving license** _____ issued by the **didactic** _____ in the **year** _____

Total **number of dives** carried out _____ **Maximum depth** limit allowed by my license at _____ meters

This is a declaration by which you are informed about the standards established for the safety of skin diving and with breathing apparatus. These standards have been compiled for your review, with the intention of increasing your diving safety and comfort. Your signature on this statement is required to prove that you are a knowledge of these safety rules. Read and discuss this statement before signing it. If you are a minor this form must also be signed by a parent or guardian.

I, the undersigned, (Name in Capital Letters) _____, understand that as a diver I must :

1. Maintain good mental and physical fitness for diving. Avoid being under the influence of alcohol or (dangerous) drugs during the dive. Keep trained in my diving skills, striving to increase them progressively education and after a period of inactivity check your training in a safe condition.
2. Be familiar with the places where I dive or obtain information that orients me on diving, from a well-known local source informed. Postpone the dive if the conditions are worse than expected, otherwise change the location, finding one with more favorable conditions for diving. Engage in diving activities consistent with mine preparation and experience. Do not undertake technical or cave diving without specific training.
3. Use complete, well-maintained, reliable and familiar equipment, check its efficiency and condition before each dive. Refuse to lend my equipment to non-licensed divers. Always have a BCD (Buoyancy control device) and an underwater pressure gauge for scuba diving. Understand the importance of a source of alternative air and a low pressure insufflation system for the BCD.
4. Listen carefully to the instructions and directions for the dive and follow the advice of any activity supervisors dives that are conducted by them. Recognize that further training is recommended in order to participate in specialty dives, in other geographical areas and after a period of inactivity greater than SIX months.
5. Use the Buddy System on every dive. Plan dives in detail together with your buddy, including communications, ways of reuniting in case of separation, emergency behavior.
6. Use Dive Tables competently. Do all dives without decompression and always consider a good margin of safety. Have a means of visually checking time and depth underwater. Limit depth best suited to your level of training and experience. In any case, ascend at a speed of no more than 18 meters per minute. Be a SAFE diver(Slowly Ascend From Every Dive). Ascend slowly from each dive. Always do, cautiously, a safety stop at 5 meters for 3 minutes or more.
7. Have the right trim. Adjust surface weights for neutral buoyancy with no air in the buoyancy compensator. Keep a neutral buoyancy throughout the dive. Be buoyant for surface swimming and resting. Keep the weights free in order to able to easily release and establish them in case of stress during the dive.
8. Breathe properly while diving. Never hold your breath or pause in breathing compressed air avoid hyperventilation when skin diving. Avoid overexertion in and under water and dive at your own pace possibility.
9. Use a boat, float or other support system whenever possible.
10. Know and abide by local diving laws and regulations, including those for fishing, sports and local dive signals.

I FURTHER DECLARE THAT I HAVE UNDERSTAND, DURING THE PRE DIVE BRIEFING, THAT I SHOULD NOT DIVE BELOW THE MAXIMUM LIMIT PERMITTED BY MY PATENT WHICH IS: _____ METERS

I have read the aforementioned rules and all my questions have been answered exhaustively. I understand the importance and purpose of these established standards. I acknowledge that they are necessary for my safety and well-being and that failure to implement the safety standards can put me in danger during the dive.

Place and date:: _____ Student signature: _____

Name and Surname of the Parent/Guardian in the case of a minor student: _____

Place and Date of Birth Parent/Guardian _____ Signature of Parent/Guardian: _____